



246 Warren Turnpike Road
Falls Village, CT 06031
Central Office (860) 824-0855
Business Office (860) 824-0875
Fax (860) 824-1271
www.region1schools.org

August 19, 2021

Dear Region 1 Families and Staff:

We have received feedback from some families with regard to the Region 1 Travel Guidelines expressing concern that children may have to miss the opening days of school due a conflict between vacation plans and the testing requirements. After careful consideration and in consultation with the Region 1 Medical Advisor, **we have decided to make the following changes to the guidelines that apply only to the week of August 23rd. Also, please note that individuals who travel to Massachusetts, New York, New Jersey or Rhode Island are recommended but not required to quarantine and be tested.**

- Individuals who are traveling during the week of August 23rd should have a **PCR on Friday, August 27th. The test may be taken outside of CT (at your vacation location). Only results from PCR tests will be accepted as valid.**
 - If test results are negative, it is possible to return to school. The school nurse should be informed with regard to the date of the test and the results.
 - If the test is positive, stay at home, call the school nurse and **isolate** to protect others from getting infected.
- Individuals who do not go for a test, **stay home and self-quarantine for a full 10 days** after travel.
- Remember to **self-monitor for signs and symptoms of COVID-19** while in quarantine. If at any time during your quarantine you develop signs and symptoms of COVID-19, **self-isolate** (including away from other members of your family/travel party), **contact a healthcare provider, and seek testing.**
- Individuals who are **fully vaccinated do not have to be tested or quarantined upon return to CT**; however they should continue to self-monitor for signs and symptoms of COVID-19 and test/self-isolate immediately should symptoms occur.
- Individuals who have been sick with COVID-19 within 90 days of return to CT do not have to quarantine or be tested when returning from traveling out of the State as long as they do not experience symptoms associated with COVID-19.

If children are tested on Friday, August 27th, test results should be available by Monday, August 30th. We are making this accommodation because we do not want students to miss the first day(s) of school. However, we want to ensure everyone's safety. **Thus, while you are traveling back to CT after receiving a test on August 27th, please follow all mitigation procedures (wearing a mask and social distancing) and self-monitor for COVID-like symptoms for up to ten days after your return to CT.**

If it is easier for you to take an at-home PCR test, you may do so if you follow these instructions:

1. You must use an FDA-approved test. Only select from the [linked list](#) of tests. Should you find an FDA-approved test that is not on this list, you must check with the school nurse to verify that it is one that we will accept. **Please note that all at-home testing kits require that samples be sent to a lab for analysis. There is no rapid test option. Please be sure to understand the turnaround time for each of the tests on this list as they do vary.**
2. Please follow the instructions for testing with fidelity.
3. If your child(ren) are symptomatic, they should remain at home in isolation until you receive the test results back from the lab. If your child(ren) has no symptoms and tests positive, please isolate them immediately.
4. All cases of positive test results should be reported to your school nurse as soon as they are received.
5. If the test results are negative, and your child(ren) remains symptomatic, please follow up with a healthcare provider to check to see if a second test is warranted. Please keep your child(ren) at home until you have results from a second test.

We hope that these accommodations are helpful. Please understand that we are maintaining these travel rules based on the advice of CSDE and the CT DPH in response to the recent COVID-19 surge. We apologize for any inconvenience, but hope that you understand that we are acting in the best interest of taking care of all families in the Region.

Please contact us if you have any questions. Thank you for following these guidelines and all that you do to keep our students and staff safe. We look forward to seeing your children soon!

Sincerely,

DocuSigned by:

FA3841308E6A444...
Lisa B. Carter
Superintendent