



Cornwall Consolidated School E-News



[CCS Website](#)



EVENTS for November & December 2020

Wed 11/25- Fri 11/27	Thanksgiving Break 
Wed 12/9	12:00 Early Dismissal for Students
Wed 12/23 - Fri 1/1/21	Holiday Break
Mon Jan 4th 2021	No School / Teacher Professional Development Day

NOTE: Children will be going outside as much as possible. Warm coats, boot, hats & mittens are recommended as well as boots. Boots allow students to run on the grass without getting their feet wet. Children can bring extra clothes to leave in school as well. Thank you!

“The Virtual Backpack”



Check here weekly to ensure that you are up to date with flyers and notices that have been sent home with your child!

[Click here to see Flyers & Notices That Have Been Sent Home](#)

Weekly Quote

AT CCS, we will share a weekly quote with your child(ren) which helps them to reflect on what it means to be a strong person, academically, socially and emotionally. Please talk to your child about the weekly quote.

September Quotes were around Kindness

October & November Quotes are around Perseverance

Definition to be shared with students:

Perseverance is the continued effort to do or achieve something despite difficulties, failure or opposition. Never giving up until you succeed!

This Week's Quote is:

A man can fail many times, but he isn't a failure until he gives up.

Thank you, Isabella Cheney, in grade 1 for sending this meaningful quote to Mrs Ravenola to share with our school community!

Principal Page

Dear CCS Families,

It is wonderful to be able to take this time to share how thankful I am to be the principal here at Cornwall Consolidated School. This is a very special community and we truly do look out for each other. This is the reason that we have been able to be in person with the children every day since Sept. 8th.

I urge you to continue to be vigilant and adhere to the guidelines set out in Governor Lamont's [travel advisory](#), which is constantly being updated. If you travel to a state on the [advisory](#) and stay longer than 24 hours, you are required to self-quarantine for 14 days or present negative results from a PCR COVID-19 test three days prior to leaving the state or upon return. The Department of Public Health also requires that you quarantine at home until you receive the results.

If you are traveling to a state on the advisory list, please let your child's teacher know before the end of the day, Tuesday November 24th so that your child can be a distance learner after the break until he/she either has self quarantined for 14 days or you present a negative result as stated above.

For more information on how to safely celebrate with others, please click this link to view the [CDC holiday guidelines](#) for families.

Thank you for ensuring that our school continues to stay as safe as possible for all! Have a wonderful holiday break!

HIKE FOR FOOD WEEKEND

HIKE for FOOD weekend

November 27-29, 2020

Join the Cornwall Conservation Trust and Cornwall Food Pantry
for a weekend of hiking!

Check out the Cornwall Conservation Trust's website for info on trails throughout Cornwall, take a hike (safely, socially distanced and masked of course) and while you are out, drop donations of non-perishable food at the Food Pantry (inside the back doors of UCC Church, 8 Bolton Hill Road). Be sure to tag @cornwallconservationtrust in your hike photos!

**CORNWALL
CONSERVATION TRUST**



ENJOY. PROTECT.

cornwallconservationtrust.org

Opportunities for Cornwall Families

Please spread the word to your Cornwall friends and neighbors who might be in need of support with holiday gifts:

*Use the link below to complete a form for Holiday Gift requests. We can help support 3-5 gifts per child, up to \$25/each. Donors prefer to sponsor winter clothing, & games/toys that do not involve batteries or screens. For clothing sizes/preferences for colors, etc are needed. For teens, gift cards are okay to request, just note their favorite stores/ restaurants. **2020***

[Holiday Gift Request Form](#)

If you have any questions, please contact Heather Dinneen, Cornwall's amazing director of Social Services. Phone: 860-672-2603

cornwallsocialservices@gmail.com

Also, Region 1 is able to provide all students with a choice to receive breakfast & lunch for the days they are not in school. THERE IS NO COST FOR THE MEALS.

For Cornwall & LHK Students: you can pick up your meals on Mondays & Thursdays from 1-2:45 PM at the loading dock behind the gym at HVRHS.

If you choose to take part in this meal program, please fill out this Google form at least several days prior to when you expect to have the meals.

You will remain on the list until/unless you notify us otherwise. [Region](#)

[One Meal Service Sign Up Link](#)



I am thankful for....

Your children, the CCS students who are wonderful & interesting people, whom I get to see everyday.

My children. Enough said.

The staff of Cornwall Consolidated School and its leader, Mary Kay Ravenola. How lucky am I to work with these people? Very.

Friendship.

Living in this beautiful corner of the world. We can appreciate the great outdoors simply by stepping outside, where we can walk and hike - without masks! - while maintaining COVID safety guidelines.

The fact that we are still in school during this pandemic while many of our neighboring schools have had to close.

You, CCS parents, for your support of our school. THANK YOU.

Shelter. Sustenance. Love.

~Clare

Mindful Moments

Brought to you by CCS School Counselor, Brittany Perrone, M.S.

Gratitude is Everything!



This week in the School Counseling office, the students picked the theme “**Gratitude**” & worked together to make a master list of everything they are grateful for :)

The list included everything from video games, desserts, bubble wrap, & pets... to family, friends, & teachers. The one thing I noticed about every student who added to the list is that when they were thinking of & talking about what they were grateful for, they all became lighter...smiling, giggling & sharing their stories. It was such a wonderful thing to witness & another part of why I am so grateful to be in this career.

An article written by [Harvard Health Publishing](#) explains, “The word gratitude is derived from the Latin word gratia, which means grace, graciousness, or gratefulness (depending on the context). In some ways gratitude encompasses all of these meanings. Gratitude is a thankful appreciation for what an individual receives, whether tangible or intangible. With gratitude, people acknowledge the goodness in their lives. As a result, gratitude also helps people connect to something larger than themselves as individuals — whether to other people, nature, or a higher power.

In positive psychology research, gratitude is strongly & consistently associated with greater happiness. Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, & build strong relationships.”

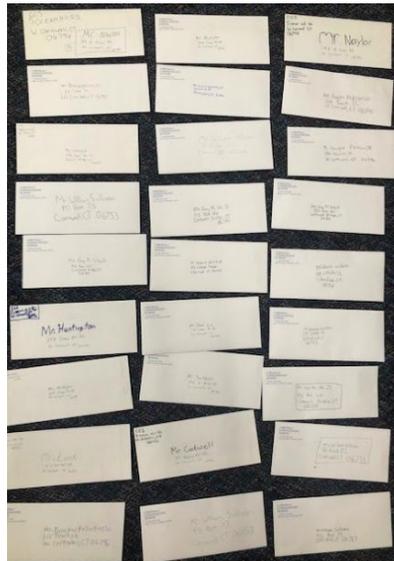
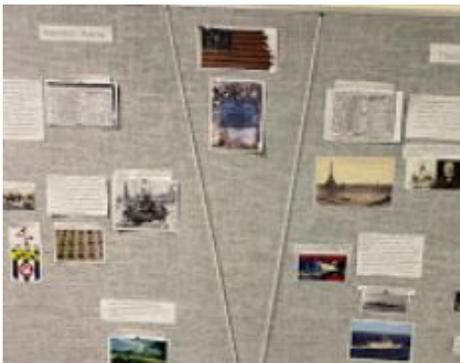
**I am thankful for each of you & for the incredible community at CCS.
I wish you all a very healthy, happy Thanksgiving!**

As always, you are welcome to reach out by phone or email if you have any questions or concerns.

Phone: 860-672-6617 Ext. 242
Email: bperrone@cornwallschool.org

Honoring Veterans Day

CCS 8th Graders researched Cornwall Veterans & created a "Hall of Fame" in the music hallway for others to enjoy. They invited their peers to visit & complete scavenger hunt sheets to learn about Cornwall's historical past & people.



MUSIC TIME!

PERSEVERANCE IN ACTION AT CCS! DESPITE ALL THE RESTRICTIONS THAT ARE NEEDED LESSONS & BAND ARE OCCURRING AT OUR SCHOOL!



STUDENTS AT WORK

